

2015 Rockingham Stages



*5th & 6th December
Rockingham Motor Speedway*



Incorporating the **Rockingham Sunday Stages**



Final Instructions Competitor Bulletin 1



The events are qualifying rounds of the following 2015 Championships:

The Motorsport News Circuit Rally Championship, in association with MSVR,
The jelfmotorsport.com AEMC/AEMC Stage Rally Championship,
The RAFMSA Stage Rally Championship,
The GwynneSpeed Rally Challenge and
The Middlesex Challenge

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Final Instructions – Competitor Bulletin No 1

Thank you for your support and entry for The *Rockingham Stages*, 2015.

Your competition number, based on the information provided on the entry form, is as shown on the entry list accessed via the website (www.rockinghamstages.co.uk). However, we regret that some may be disappointed as there were over 40 crews that requested numbers within the top 20! If during the day it becomes apparent that a competitor's performance is greater or less than that which he is seeded, the Clerk of the Course may re-seed that competitor on safety grounds.

Vehicle Passes for the Service Van/Trailer, Competition Vehicle and one additional 'Team' vehicle are also enclosed. Please ensure these are displayed as you enter the venue, otherwise you will be asked to pay the spectator entry charge of £10.00 per person per day. PLEASE LEAVE ALL THE ROADWAYS, THE AREA NEAR THE PASSAGE CONTROL AND THE AREA AT THE REAR OF THE GRANDSTAND CLEAR AT ALL TIMES.

- Venue.** The only entrance to the venue is from Mitchell Road. Follow the permanent signs to Rockingham Motor Speedway. If using SatNav, the postcode is NN17 5AF but you need to enter Mitchell Road as the destination. **Please note that if you arrive before 17:00 on Friday evening you may be asked to wait on the main approach road until after that time due to another function using the venue.** Please enter the service area as shown on the site plan and NOT via the gate on the paddock road, as this road forms part of the stage! You may park where you like within the Service Area (except near the Passage Control) but please leave the roadways clear for access. ONLY Competing Vehicles may use the entrance by the Grandstand/Welcome Centre, which should be kept clear at all times. Please also note that the Service Area entrance gate will be closed at 11.00 on Saturday. Any vehicles that may require to leave the venue while the stages are running should be parked in the public car park behind the Rockingham Building. Floor cloths must be used to ensure that no ground contamination occurs. PLEASE DO NOT MAKE ANY EXCESSIVE NOISE OR REV ENGINES, ESPECIALLY BETWEEN THE HOURS OF 18:15 and 08:45.
- Scrutiny and Documentation for Rockingham Stages - Friday (18:00 - 20:00).** Scrutiny, where you will be given your process card, and Documentation will take place within the Racing School Building in the inner paddock. If required, competition numbers will be on sale at Documentation. Road Books etc. will be issued at Documentation. Time Cards will be issued after passing the Noise Test on Saturday morning. After scrutiny/documentation please follow the one way system and return to the Service Area via the North Pedestrian Tunnel.
- Scrutiny, Noise Test & Documentation for Rockingham Stages - Saturday (07:00 - 10:45).** Noise and Scrutiny will be outside/inside the Racing School Building (as above) within the inner paddock. On arrival at the venue, when unloaded and ready, report to the Noise Test (100 dB(A)) where you will be given your process card, which you should take with you to Scrutiny and Documentation. Competition numbers WILL BE on sale at Documentation if required - if you need them, please collect them before going to the Noise Check. After scrutiny, follow the one-way system via the North Pedestrian Tunnel and park your car back in the Service Area then proceed to Rally HQ (The Welcome Centre) for Documentation where, in exchange for your COMPLETED Process Card (please complete/insert/change any missing or incorrect information), you will be given your Road Book, with details of the stages, and your Time Cards for Saturday. (The Time Cards for Sunday will be issued at the Arrival Control on Sunday morning).

You will be due at MC1/SSA1 at approximately 11:27, plus $\frac{1}{2}$ your rally number (2 cars per minute). Provisional start times will be shown on the notice board, but please be a little early so that any gaps can be filled.

Those that passed Scrutiny and Documentation on Friday, should attend the Noise Test and then obtain their Time Cards from Rally HQ in the Welcome Centre.

Don't forget the Drivers Briefing at 11:00 in the Welcome Centre.

4. **Scrutiny, Noise Test and Documentation for Rockingham Sunday Stages - Saturday (15.30 - 17.30) or Sunday (07:00 - 08:15).** On Saturday afternoon, Scrutiny and the Noise Test will take place in the vicinity of the Admin. Building (opposite the Stage Start). PLEASE NOTE THAT DUE TO THE STAGE RUNNING, THE SERVICE AREA WILL NOT BE AVAILABLE UNTIL AFTER 1800 Hours on the Saturday. On the Sunday morning, Scrutiny and the Noise Test will be at/near the Passage Control (the MCAC Hexagon). On arrival at the venue, when unloaded and ready, report to the Noise Test (**100 dB(A)**) where you will be given your process card, which you should take with you to Scrutiny and Documentation. Competition numbers WILL BE on sale at the venue (at Documentation in the Welcome Centre) - if you need them, please collect them before going to the Noise Check. The first car will be due at MC3/SSA7 at approximately 08:57. Provisional start times will be shown on the notice board, but please be a little early so that any gaps can be filled.

Don't forget the Drivers Briefing at 08:30 in the Welcome Centre.

5. **Scrutineering Notes.** Please note the following requirements -

1. You must produce a current MSA Vehicle Log Book, with a good photograph of the car.
2. BOTH crew members must be in possession of the correct grade of Competition Licence. STAGE RALLY (DRIVER'S) LICENCES, WHICH MUST BE HELD BY THE DRIVER'S, CAN NO LONGER BE APPLIED FOR ON THE DAY.
3. Crash helmets must bear an MSA approval sticker and the only crash helmets approved are FIA 8860-2004; FIA 8860-2010; BS6658 Type A/FR; Snell SA2000, SA2005, SA2010 or SAH2010; SFI Foundation 31.1A or 31.2A. Some stickers may be available on the day.
4. Overalls should be homologated to either FIA 8856-2000 or FIA 1986 Standard (see GR R25.3.2 and GR K9.1 to K9.3).
5. Under MSA General Regulations, uncut Slick tyres are NOT allowed.
6. Should you be unfortunate enough to be involved in an accident, the vehicle must be re-scrutineered before you can continue in the event.
7. You are advised to carry a spare tyre as you must NOT drive on a deflated tyre (see article 12.4)
8. Please ensure that adequate towing eyes are fitted to the front and rear of the vehicle (GR R48.1.13).
9. Please ensure that you have the means of complying with the requirements of the noise test at 4500 rpm (see article 13.5)
10. Please note that if you intend to run spotlights for the night stages (Stages 5 and 6) these should be fitted for scrutiny and, if removed, should be refitted at Service after Stage 4.

6. **Services.** Petrol will NOT be available at the venue, so sufficient fuel for 100 stage miles (50 on the Saturday and 50 on the Sunday) will be needed. Refreshments, toilets and showers will be available throughout the weekend and there are Water supply points within the Service Area, which will be very busy all day and for safety reasons children should be kept under strict control. No Quad Bike, Moped, Motorcycle, Scooter or Cycle etc. may be used around the service area. The speed limit in the service area and all link roads is 10mph and **tyre warming anywhere is prohibited.** PLEASE OBEY THE ONE-WAY SYSTEM WITHIN THE SERVICE AREA AND ALWAYS EXIT VIA THE STAGE ARRIVAL CONTROL AND NOT TOWARDS THE GRANDSTAND. Service crews MUST remain within the service area or designated spectator areas and any person not following marshal's instructions may result in the exclusion of the associated crew (GR H1.3).

7. **Service Area.** It is forbidden to hammer pegs, stakes or the like into the tarmac service area surface. Any person damaging the surface may be excluded from the event and the circuit operators may take additional action to recover damages.
8. **Running Order.** Competitors in the Rockingham Stages are reminded that the first car is due at MC1 at 11.27 and, as all stages will be run at 30-second starts, there are 2 cars due each minute. Please arrive a little early so that any gaps caused by non-starters can be closed up. Cars will be reseeded overnight and will restart at 08.57 on Sunday morning in order of classification. Competitors in the Rockingham Sunday Stages will be interspersed within the 2-day runners, so will also start at 08.57.
9. **Litter and Waste Oil.** A plastic sack will be provided for your use - PLEASE USE IT and take your litter home with you. There are waste oil disposal points in the Service Area.
10. **Additions, amendments and clarifications to SRs.**
 - 3.1 MSA National B Permits numbered 86345 and 890477 have been issued.
 - 4.2 The Permit Number for The Motorsport News Circuit Rally Championship, in association with MSVR, is 84/2015.
The Permit Number for the jelfmotorsport.com AEMC/AEMC Stage Rally Championship is 1/2015.
The Permit Number for the RAFMSA Stage Rally Championship is 70/2015.
 - 4.3 The correct Registration number for the GwynneSpeed Rally Challenge is 14/2015.
 - 4.4 Please note that the Rockingham Sunday Stages is NOT a round of the jelfmotorsport.com AEMC/ASMC Stage Rally Championship - only the 2-day event is included in that Championship.
 - 10.1 The MSA Steward is Barry Guess.
The Chief Medical Officer is Ian Bennett.
 - 13.7 The Yellow Flag system will be in operation. If a Yellow Flag is displayed you should proceed SLOWLY to the stage finish and Passage Control. You should NOT pass any safety vehicle or another competitor.
 - 15.1 Please note that all the Scrutineers are appointed as Judges of Fact in matters of eligibility.
 - 17.13 Two tyre vans, will be at the venue over the weekend. Please contact **Andrew Knott** (of Slicks Tyres) on **01142 470485** if you have any specific requirements for the event and to guarantee supplies. A van operated by Protyre Motorsport (01782 411001 or email sales@protyremotorsport.co.uk) will also be at the venue to supply Tyres to the Motorsport News Circuit Championship Contenders.
11. **The Welcome Centre** will be open on both days, serving food and drinks.
12. **RALLY PARTY and GET-TOGETHER.** There will be a Rally Party / Get-Together on Saturday evening in the Welcome Centre starting from about 18:30 - everyone is welcome. Food will be available until 20:00 & the bar will be open as long as necessary (for the non-drivers!).
13. **Charity.** As you know, part of your entry fee is a donation to the Club's charity - *The Lynda Jackson Macmillan Centre for Cancer Support & Information* - and we are now able to increase our donation by 25% by way of "Gift Aid". This scheme allows the charity to reclaim tax back from the Inland Revenue on donations from taxpayers and means that for every £100 we raise, the charity receives £125. It costs you nothing but gives the charity more, although you cannot reclaim the money yourself. The scheme is administered by the charity and all you need to do is tick the appropriate box on the entry form.

14. **Spectators and Dogs.** You are reminded that **Dogs are NOT allowed** within the venue. Spectators will be allowed and may view the stages from the main grandstand areas and the pit garage's roof. There is a spectator charge of £10 per person per day (£15 for the weekend). Alternatively, please ask your friends to come and marshal - prospective volunteers should contact the Chief Marshal (Peter Wood) on 07704104317 or e-mail marshals@rockinghamstages.co.uk to offer their services. The first 70 marshals to sign-on will be given a snack bag and all marshals will be entered into a draw for the excellent prizes that we have been offered. There is free Bed & Breakfast accommodation at a local scout centre for those marshals that can assist on both days, subject to availability and prior booking (bring a pillow and sleeping bag).
15. **Overnight Parking.** Vehicles and trailers may be left at your own risk in the service area overnight on Friday and/or Saturday. It is also possible to stay on the site overnight in motorhomes, caravans, service vans etc. The asphalt surface is not suitable for tents, but there is a suitable area available at the rear of the service area for those hardy enough! If on site overnight, please remain within the service area, **DO NOT** rev engines or make excessive noise and **DO NOT** drive around the venue - you will be excluded and could possibly jeopardise future use of the venue. There are flush toilets and showers within the service area. If you leave the site, please ensure you take your vehicle pass with you to regain entry - the security gate is manned 24 hours.
16. **Contact.** In case of any problems or if you need to contact the organisers, please contact the Secretary of the Meeting, Tony Phillips, on **07761 823157**. Alternatively, Email: secretary@rockinghamstages.co.uk or tonyp@mcac.co.uk

We look forward to seeing you at the weekend and hope that you have a safe and enjoyable couple of day's motor sport at this superb venue.

The Organising Team

Please note:

Scrutiny on Friday evening and Saturday morning is in the Racing School Building in the inner paddock (follow directions on the Plan below).

Scrutiny on Saturday afternoon is in the vicinity of the Admin. Building, opposite the Stage Start. On Sunday morning Scrutiny is under the MCAC Hexagon - the Passage Control.

Documentation, Media & Officials signing-on is in the Racing School Building on Friday evening and at Rally HQ, in The Welcome Centre, on Saturday and Sunday.

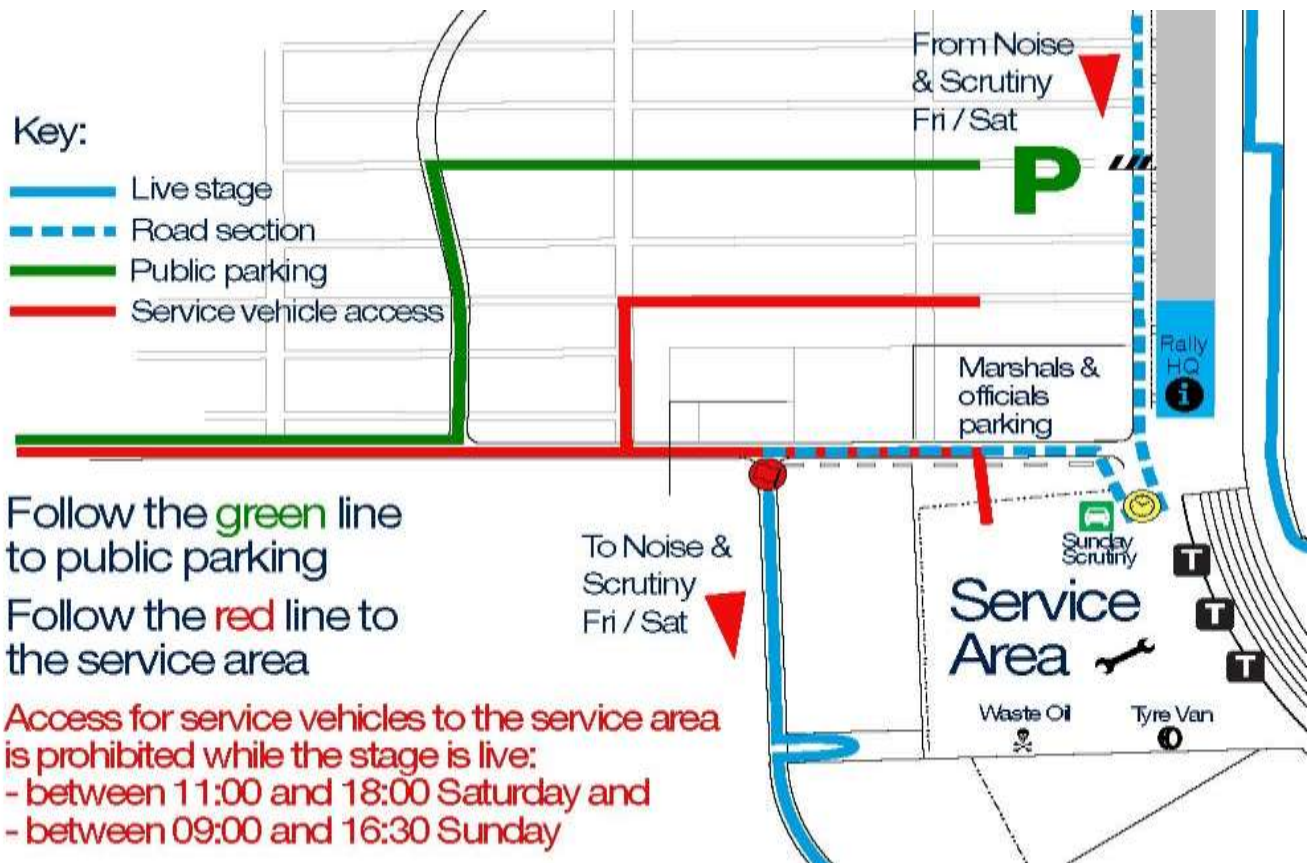
Catering facilities are available from **The Welcome Centre** in the main grandstand.

The MC/Stage Arrival Control is by the Service Area exit, as shown on the plan.

The Passage Control after all stages will be near the Service Area entrance at the rear of the grandstand.

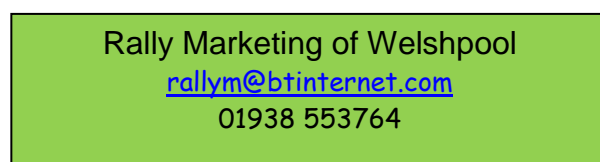
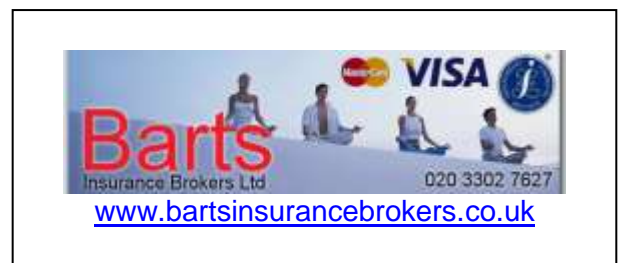
Please observe the one-way system within the Service Area and **DO NOT** exit towards the grandstand.

Site Plan



Stage Sponsors

We are grateful to these companies for providing support, marshal prizes and sponsoring the various stages:



Service Area Risk Management

Entrants, competitors and service crew members should be aware of their own and other people's safety and wellbeing, when competing in motor sport.

1. All entrants should have an environmental ground-sheet in place before work commences on the vehicle.
2. All service vehicles should have an environmental spill-kit, for use in the event of liquid spillage. (Competing cars should also carry such a kit.)
3. Fire extinguishers should be readily available at all times when vehicles are to be worked on, particularly in the event of any welding or grinding being carried out and when vehicles are being refuelled.
4. Vehicles should be supported by axle stands, chassis sill stands or ramps, all with recommended base plates, when raised in the air by trolley or any other types of jack. Engines should not be running when the vehicle is raised on stands. No other work on the car should be attempted, when raising or lowering of the car is taking place.
5. If re-fuelling is permitted in the Service Area, this should be the last operation to be carried out before the vehicles leave. The vehicle should be off any support stands, have all four wheels on the ground, have all other work ceased and have no occupants, when re-fuelling commences.
6. Ideally re-fuelling should be by hand pumping, rather than from hand held containers.
7. Spillage of any liquid should be contained immediately by the crew concerned.

A. Storage & Use of Petroleum Spirit

1. Containers should comply with the relevant British Standard, should be marked "Petroleum Spirit-Highly Flammable" and be kept from any source of ignition.
2. All empty containers should be removed from the venue after the event.
3. Petrol is to be used as fuel only, not for any other purpose.
4. All vehicle re-fuelling is to take place in the open air. A "No Smoking" area should be enforced and an operative should be on standby with a fire extinguisher.
5. Refuelling operatives, including those standing by with fire extinguishers, should ensure they are wearing protective clothing, including gloves and eye protection.

B. Hazardous Substances

1. Some vehicle parts, for example brake & clutch linings, contain asbestos. Competitors are encouraged to use non-asbestos substitutes where possible.
2. Where asbestos is used, every effort should be made to prevent dust being released.
3. Some mineral oils may cause skin cancers. Where contact does occur, contamination should be washed off immediately. The wearing of any contaminated clothing should be avoided.
4. Other substances may cause ill health. Suppliers will have information about the possible effects of their products, on request.

C. Electrical Safety

1. All electrical equipment should be maintained in a safe condition.
2. Extension leads & cables should be neoprene, oil resistant flexible cable.
3. All electrical equipment used externally should be weatherproof and tools should be "double" or "all insulated" against electric shock.
4. Electrical equipment and hand tools should not be used where flammable vapours are present.

D. Fire Precautions

1. All competition and service vehicles should carry a suitable fire extinguisher.
2. Special consideration should be made before lighting any cooking appliance.
3. All sources of ignition should be kept away from any fuel store or re-fuelling area.
4. Fire extinguishers should not be moved from their known location, other than when in use.
5. In the event of any fire, a report should be made to the organisers of the event before leaving the venue.
6. All entrants are encouraged to train their personnel in correct fire prevention and treatment procedures.

E. Compressed Air Equipment

1. Air blasts from over inflated tyres can cause severe injury. Tyres should not be inflated above manufacturers' recommendation figures.

2. Always stand clear when inflating tyres.
3. Compressors & air lines should be inspected regularly.
4. Compressed air cylinders should be stored and used to suppliers' recommendations.

F. General Working Practices

1. All working areas should be kept clean & tidy. All waste & spillage should be cleared up immediately, ***removed by the entrant at the end of the event and disposed of in a responsible manner.***
2. Trailing cables & hoses should not be allowed to create a trip hazard and should not be run across access or roadways.
3. Whenever vehicle engines are being run, adequate ventilation must be in place.
4. All safety notices should be complied with.
5. Any personnel carrying out work should ensure that they adopt safe working practices at all times.
6. Service crews and competitors need to be aware of the long periods of exposure to cold, wet or heat, experienced while on location in service areas and dress accordingly.
7. Children under 16 years of age are to be closely supervised and should not leave your designated area unaccompanied. ***They are children and as such are your responsibility!!***

G. Noise

1. Exposure to excessive noise may result in hearing loss, or other complaints. These may be short term, or after prolonged exposure, permanent.
2. Where exposure to noise is unavoidable, ear defenders should be worn.

H. Manual Handling

1. Lifting, carrying and propelling of loads by bodily force is a major cause of industrial injuries. All entrants are encouraged to train their personnel in safe manual handling techniques.

I. Waste

1. Entrants ***should remove all waste*** from the venue, including containers, packaging, tyres, oils etc. ***They must be disposed of it in a responsible manner.***

J. Vehicle Safety

1. A 10 mph speed limit should be observed at all times in a Service Area, other than for Emergency Vehicles which may be attending an incident.
2. There may be pedestrians in Service Areas. Special care must be taken in these circumstances, to avoid collisions.
3. The unauthorised use of mopeds, motorcycles, scooters, go-peds, quads etc. is forbidden in Service Areas.
4. Vehicles may only be driven by persons holding valid driving licences for that class of vehicle.

K. First Aid

1. Any person sustaining injury or illness, should seek treatment from the event emergency services, by initially reporting to the Senior Official in charge of the Service Area, who will ensure the appropriate response.

L. Public Safety

1. Entrants and their associated personnel should act in a manner so as not to put either themselves or any other person at risk of injury.

M. Reporting of Accidents & Incidents

1. All accidents where any person sustains injury, or where damage to property occurs, should be reported immediately to the Senior Official in charge of the Service Area.

N. Further Regulations and Information

1. Entrants are reminded of their obligations to comply with the requirements of the appropriate sporting regulations at all times. These Guidance Notes should be read in conjunction with all relevant regulations.

The MSA Rallies Committee are indebted to the following for assistance in the compilation of this paper:-

The Rallye Sunseeker & Southern Car Club
Neil Roden – Safety Officer of the Rallye Sunseeker
Peter Clingan – MSA Environmental Scrutineer of Dumfries
John Arnold – Hon. Secretary. Association of West Midlands Car Clubs

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CHAMPIONSHIP**

IN ASSOCIATION WITH **MSVR**

2015/2016 CHAMPIONSHIP CALENDAR*

7 NOVEMBER 2015 - OULTON PARK - ROUND 1 (BOLTON-LE-MOORS CAR CLUB)

15 NOVEMBER 2015 - CADWELL PARK - ROUND 2 (NORTH HUMBERSIDE MOTOR CLUB)

5/6 DECEMBER 2015 - ROCKINGHAM - ROUND 3 (MIDDLESEX COUNTY AUTO CLUB)

17 JANUARY 2016 - CROFT - ROUND 4 (DARLINGTON & DISTRICT MOTOR CLUB)

31 JANUARY 2016 - BRANDS HATCH - ROUND 5 (CHELMSFORD MOTOR CLUB)

20 MARCH 2016 - ANGLESEY CIRCUIT - ROUND 6 (PENDLE & DISTRICT MOTOR CLUB)

10 APRIL 2016 - CADWELL PARK - ROUND 7 (BORDER MOTOR CLUB)

MAY TBC 2016 - SNETTERTON - ROUND 8 (SHEFFIELD & HALLAMSHIRE MOTOR CLUB)

*ALL DATES ARE PROVISIONAL AND SUBJECT TO CHANGE



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